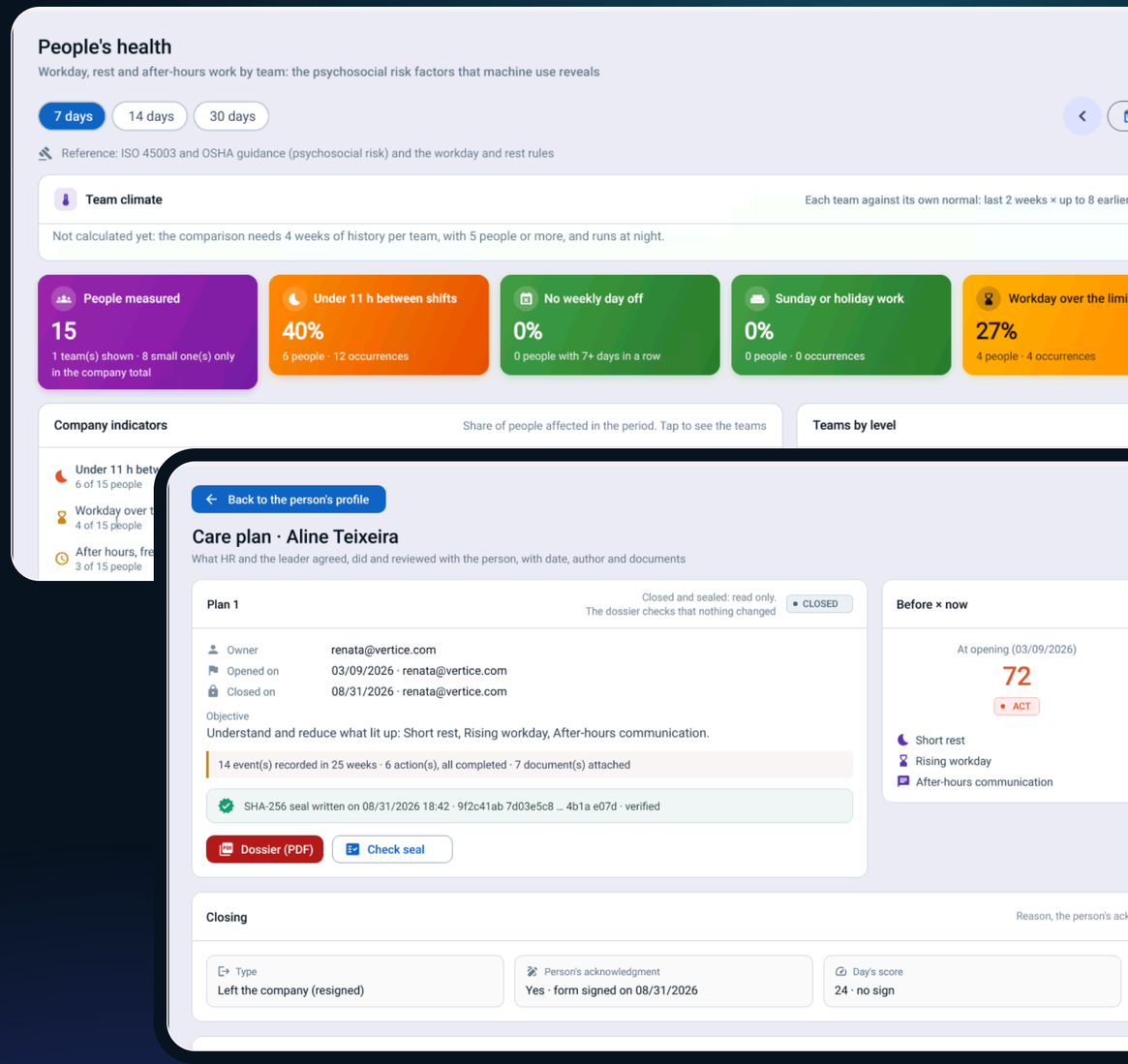
Trauma Zer0

PEOPLE'S HEALTH · PSYCHOSOCIAL RISK

Psychosocial risk, with daily data and evidence.

Workday, rest, breaks and overload by team, a care plan for those who need it and a record of everything, without the data leaving the company.

ISO 45003 | OSHA · long hours and fatigue | Workday and rest rules



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Feature of the Tz0 Metering module

WHY NOW

Surveys show how people feel. Daily work shows what happens.

A climate survey tells you how people feel. Day-to-day work shows who does not rest between shifts, who works at night, who goes over the limit every week.

Psychosocial risk is a workplace risk

ISO 45003 sets out how to manage psychosocial risk inside the occupational health and safety system.

Long hours are a known hazard

OSHA guidance covers long work hours, irregular shifts and worker fatigue as hazards employers should manage.

The data already exists

Tz0 Metering already measures machine use. People’s health turns it into team indicators and evidence.

7
workday and rest indicators per team

9
signs per person, against their own normal

5+
people per group to appear in the team view

24
months of history for the signs

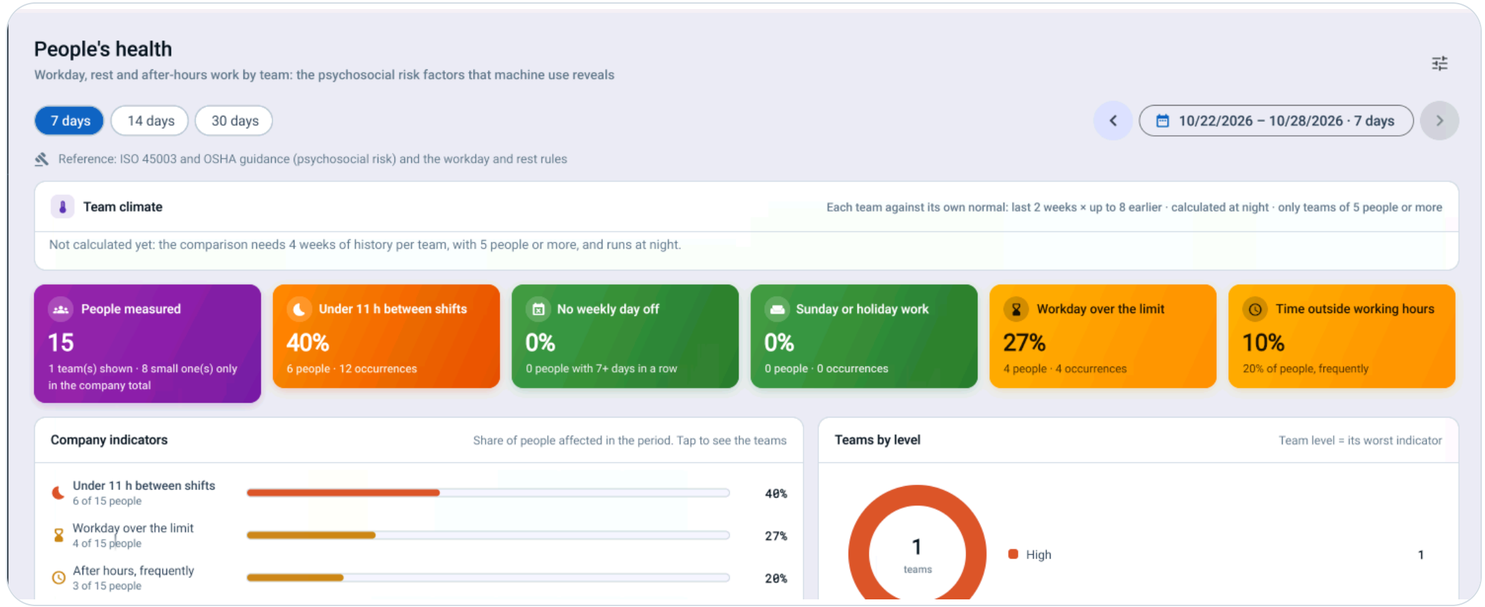
01

PEOPLE'S HEALTH

Team view

Where the risk is: team by team, without exposing anyone.

- Under 11 h between shifts, no weekly day off, Sunday and holiday work
- Workday over the limit, frequent after-hours and night work
- 6 h or more without a break, each indicator with its rule
- Only groups of 5 people or more; smaller ones count in the company total



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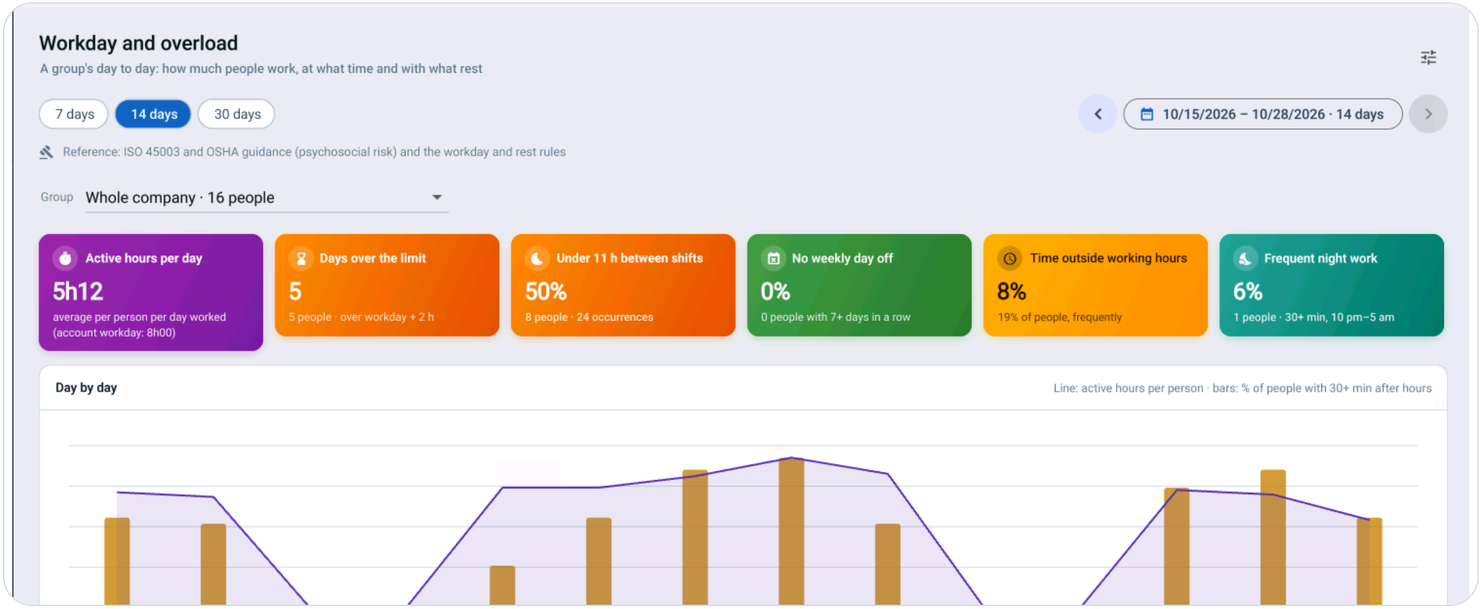
02

PEOPLE'S HEALTH

Workday and overload

A group's day to day: how much they work, when and with what rest.

- Active hours per person and per day, with the size of each day
- After-hours and night work, day by day
- Days over the limit and who went past the workday + 2 h
- Written findings and AI analysis, numbers only, no names



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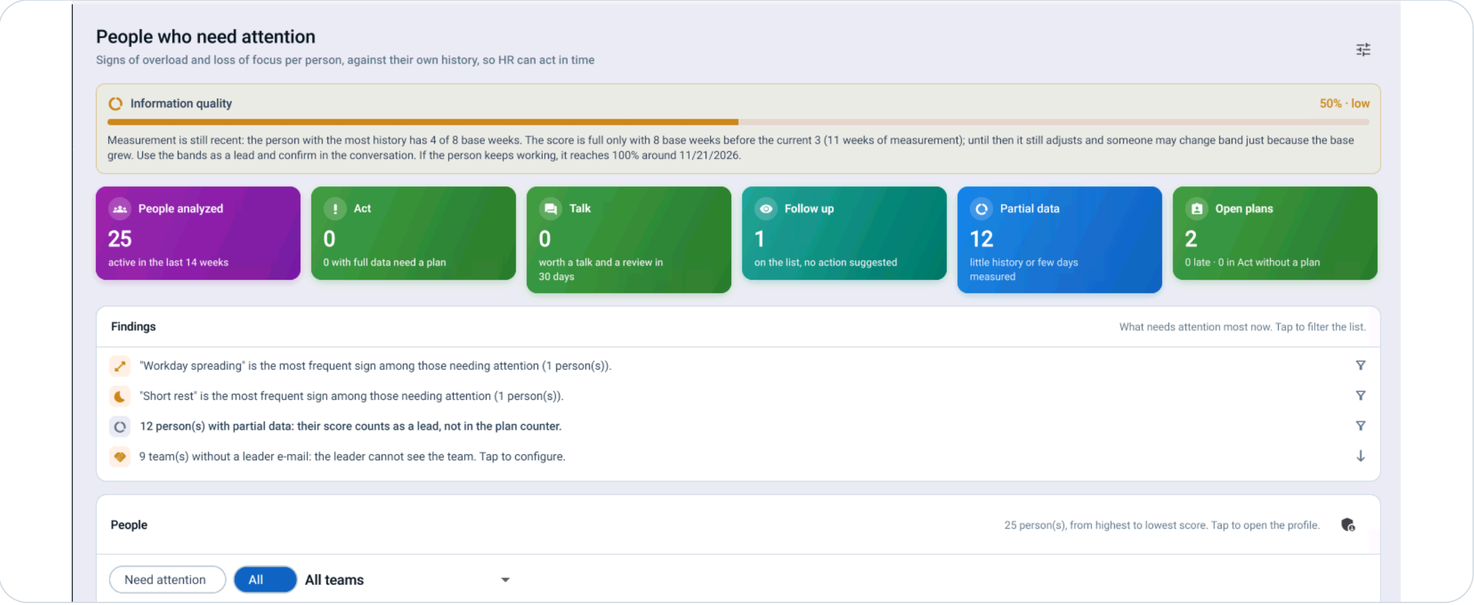
03

PEOPLE'S HEALTH

People who need attention

Each person compared with themselves, never with colleagues.

- 9 signs: the last 3 weeks against the 8 before
- A band only changes after 2 weeks in a row, no alarm for one bad day
- Score from 0 to 100 and bands: no sign, follow up, talk, act
- Weights set by HR and an information-quality indicator



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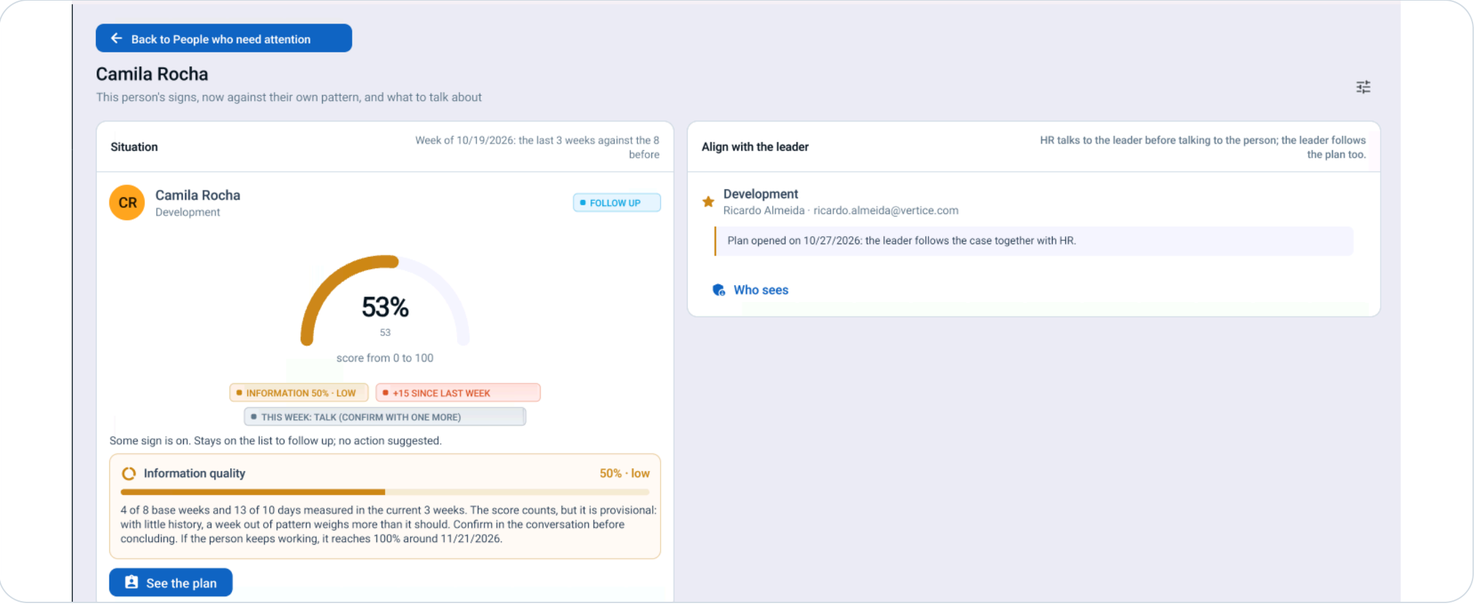
04

PEOPLE'S HEALTH

The person's profile

Before calling anyone in, HR aligns with the leader and knows what to discuss.

- The week's situation, the score and the history week by week
- What to talk about, sign by sign: suggestions to care, never to punish
- Alignment with the leader recorded before the conversation
- The conversation is about how the person is, not what they accessed



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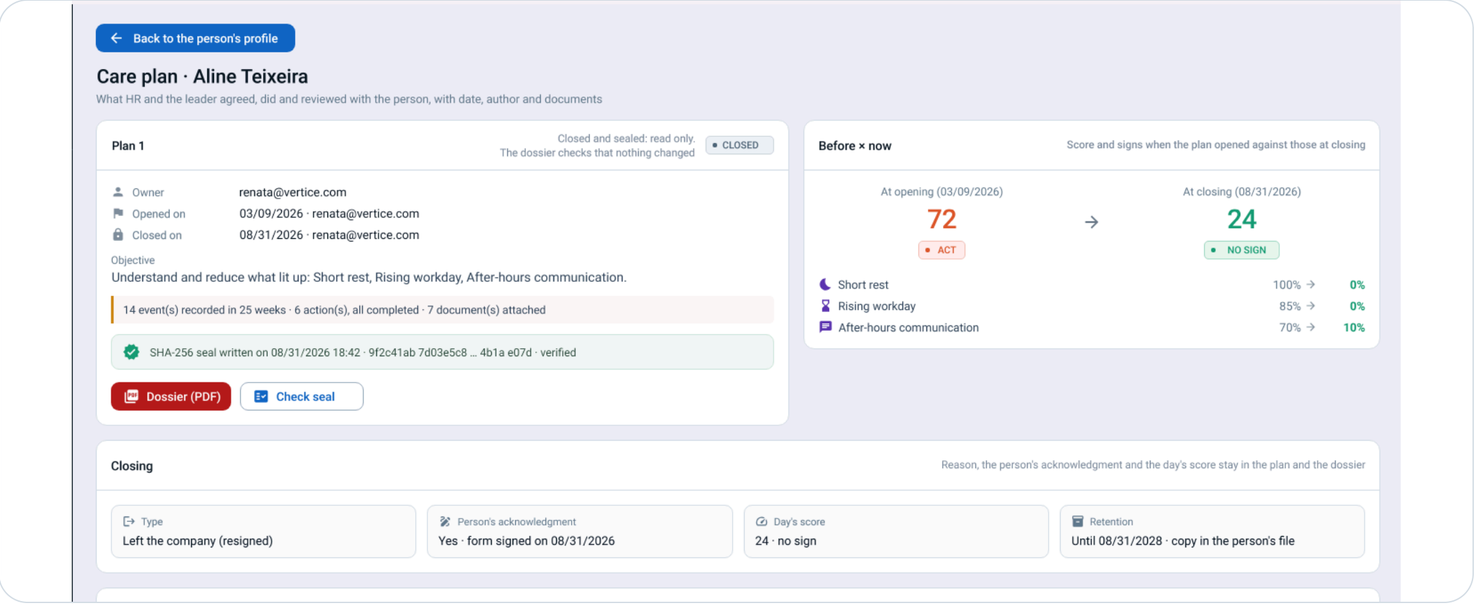
05

PEOPLE'S HEALTH

Care plan

From alignment to closing, everything with date, author and document.

- Align with the leader, talk, act and review, with owner and deadline
- Before × now: score and signs at opening and closing
- Closing with reason and the person's acknowledgment; nothing is deleted
- SHA-256 seal and a PDF dossier that checks the seal



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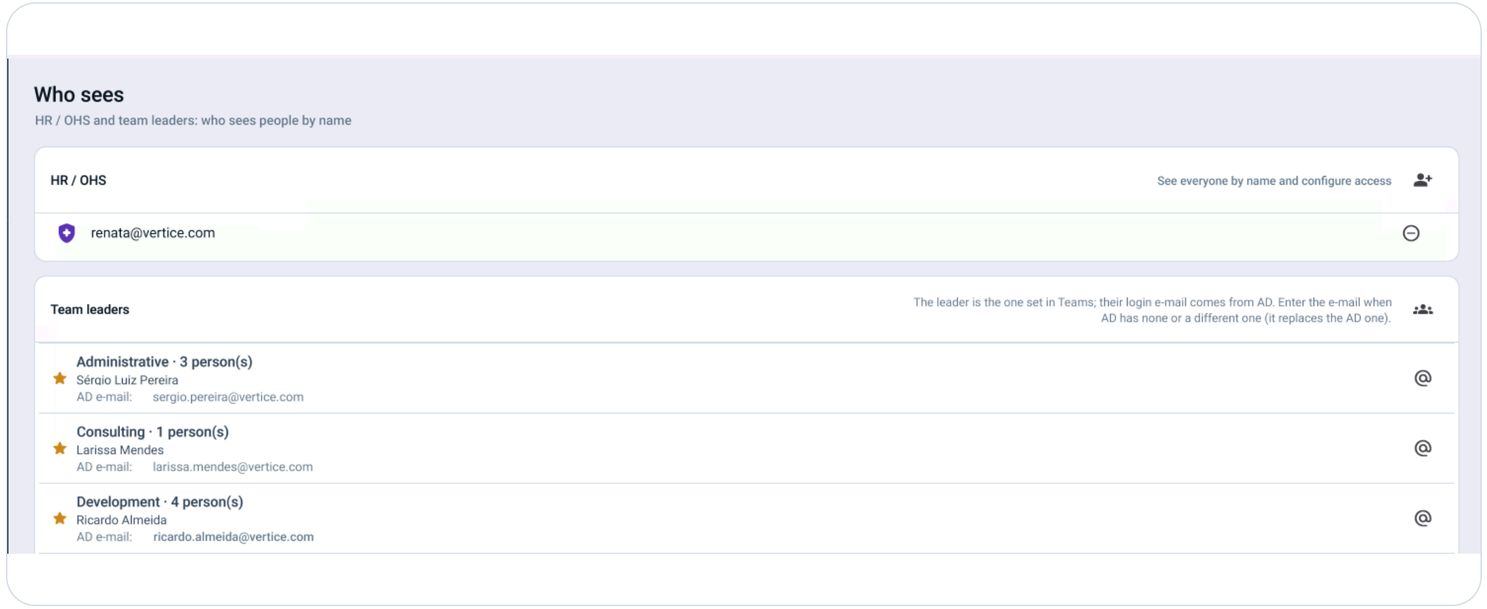
06

PEOPLE'S HEALTH

Who sees

Data about people is sensitive. Access is decided and logged.

- HR and OHS see everyone; a leader sees only their own team
- Every access is logged before showing; no bulk export
- The rule is enforced on the server, not just on screen
- With Trauma Zer0, the data stays on your company server



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BUILT TO CARE

A lead for HR to act in time, never a verdict about the person.

How people stay protected

- The AI never receives anyone’s name
- Small teams never appear on their own
- Plans are kept for 2 years and signs for 24 months
- The feature can be turned off at any time

What People's health is not

- It is not a diagnosis and does not measure mental health
- It is not time-and-attendance tracking
- It does not replace consulting workers in the risk assessment
- It does not replace the occupational health professional

We recommend telling employees about its use and checking with employment counsel: workday indicators can also be used in labor claims.

See it in your environment.

People's health is part of Tz0 Metering. Talk to our team and see your teams' indicators.

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Point your camera to get in touch

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